Be Still: Take time to centre yourself on Jesus. Find space and sit down inviting the Holy Spirit.

Read: read the passage asking God to highlight a verse or section that stands out.

Encounter: Meditate on the section that stands out. What might God be revealing to you?

Apply: Think about how this applies to your life today.

	January	
1st January	Psalm 1	2 Tim. 3:14-17
2nd January	Psalm 2	Luke 1:1-25
3rd January	Psalm 3	Luke 1:26-56
4th January	Psalm 4	Luke 1:57-80
5th January	Psalm 5	Luke 2
6th January	Psalm 6	Luke 3
7th January	Psalm 7	Luke 4:1-30
8th January	Psalm 8	Luke 4:31-44
9th January	Psalm 9	Luke 5:1-16
10th January	Psalm 10	Luke 5:17-39
11th January	Psalm 11	Luke 6:1-26
12th January	Psalm 12	Luke 6:27-49
13th January	Psalm 13	Luke 7:1-30
14th January	Psalm 14	Luke 7:31-50
15th January	Psalm 15	Luke 8:1-21
16th January	Psalm 16	Luke 8:22-56
17th January	Psalm 17	Luke 9:1-36
18th January	Psalm 18:1-24	Luke 9:37-62
19th January	Psalm 18:25-50	Luke 10:1-24
20th January	Psalm 19	Luke 10:25-42
21st January	Psalm 20	Luke 11:1-28
22nd January	Psalm 21	Luke 11:29-54
23rd January	Psalm 22:1-11	Luke 12:1-34
24th January	Psalm 22:12-31	Luke 12:35-59
25th January	Psalm 23	Luke 13:1-21
26th January	Psalm 24	Luke 13:22-35
27th January	Psalm 25	Luke 14:1-24
28th January	Psalm 26	Luke 14:25-35
29th January	Psalm 27	Luke 15:1-10
30th January	Psalm 28	Luke 15:11-32
31st January	Psalm 29	Luke 16:1-18

	February	
1st February	Psalm 30	Luke 16:19-31
2nd February	Psalm 31:1-8	Luke 17:1-19
3rd February	Psalm 31:9-24	Luke 17:20-37
4th February	Psalm 32	Luke 18:1-17
5th February	Psalm 33	Luke 18:18-43
6th February	Psalm 34	Luke 19:1-27
7th February	Psalm 35	Luke 19:28-48
8th February	Psalm 36	Luke 20:1-26
9th February	Psalm 37:1-9	Luke 20:27-47
10th February	Psalm 37:10-22	Luke 21:1-19
11th February	Psalm 37:23-40	Luke 21:20-38
12th February	Psalm 38	Luke 22:1-30
13th February	Psalm 39	Luke 22:31-53
14th February	Psalm 40	Luke 22:54-71
15th February	Psalm 41	Luke 23:1-25
16th February	Psalm 42	Luke 23:26-56
17th February	Psalm 43	Luke 24:1-35
18th February	Psalm 44	Luke 24:36-53
19th February	Psalm 45	Acts 1
20th February	Psalm 46	Acts 2:1-13
21st February	Psalm 47	Acts 2:14-47
22nd February	Psalm 48	Acts 3
23rd February	Psalm 49	Acts 4:1-22
24th February	Psalm 50	Acts 4:23:37
25th February	Psalm 51	Acts 5:1-16
26th February	Psalm 52	Acts 5:17-42
27th February	Psalm 53	Acts 6
28th February	Psalm 54	Acts 7:1-19

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Encounter: Meditate on the section that stands out. What might God be revealing to you?

Apply: Think about how this applies to your life today.

	March	
1st March	Psalm 55	Acts 7:20-43
2nd March	Psalm 56	Acts 7:44-60
3rd March	Psalm 57	Acts 8:1-25
4th March	Psalm 58	Acts 8:26-40
5th March	Psalm 59	Acts 9:1-22
6th March	Psalm 60	Acts 9:23-43
7th March	Psalm 61	Acts 10:1-24
8th March	Psalm 62	Acts 10:25-48
9th March	Psalm 63	Acts 11
10th March	Psalm 64	Acts 12
11th March	Psalm 65	Acts 13:1-12
12th March	Psalm 66	Acts 13:13-52
13th March	Psalm 67	Acts 14
14th March	Psalm 68:1-10	Acts 15:1-21
15th March	Psalm 68:11-35	Acts 15:22-41
16th March	Psalm 69:1-18	Acts 16:1-15
17th March	Psalm 69:19-36	Acts 16:16-40
18th March	Psalm 70	Acts 17:1-15
19th March	Psalm 71	Acts 17:16-34
20th March	Psalm 72	Acts 18
21st March	Psalm 73	Acts 19:1-20
22nd March	Psalm 74	Acts 19:21-41
23rd March	Psalm 75	Acts 20:1-16
24th March	Psalm 76	Acts 20:17-38
25th March	Psalm 77	Acts 21:1-16
26th March	Psalm 78:1-8	Acts 21:17-40
27th March	Psalm 78:9-40	Acts 22
28th March	Psalm 78:41-72	Acts 23:1-11
29th March	Psalm 79	Acts 23:12-35
30th March	Psalm 80	Acts 24
31st March	Psalm 81	Acts 25

April		
1st April	Psalm 82	Acts 26
2nd April	Psalm 83	Acts 27:1-26
3rd April	Psalm 84	Acts 27:27-44
4th April	Psalm 85	Acts 28:1-16
5th April	Psalm 86	Acts 28:17-31
6th April	Psalm 87	1 These. 1
7th April	Psalm 88	1 These. 2
8th April	Psalm 89:1-18	1 These. 3
9th April	Psalm 89:19-52	1 These. 4
10th April	Psalm 90	1 These. 5
11th April	Psalm 91	2 These. 1
12th April	Psalm 92	2 These. 2
13th April	Psalm 93	2 These. 3
14th April	Psalm 94	1 Cor. 1
15th April	Psalm 95	1 Cor. 2
16th April	Psalm 96	1 Cor. 3
17th April	Psalm 97	1 Cor. 4
18th April	Psalm 98	1 Cor. 5
19th April	Psalm 99	1 Cor. 6
20th April	Psalm 100	1 Cor. 7:1-24
21st April	Psalm 101	1 Cor. 7:25-40
22nd April	Psalm 102	1 Cor. 8
23rd April	Psalm 103	1 Cor. 9
24th April	Psalm 104	1 Cor. 10:1-13
25th April	Psalm 105	1 Cor. 10:14-33
26th April	Psalm 106:1-23	1 Cor. 11:1-16
27th April	Psalm 106:24-48	1 Cor. 11:17-34
28th April	Psalm 107	1 Cor. 12
29th April	Psalm 108	1 Cor. 13
30th April	Psalm 109	1 Cor. 14:1-19

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	May	
1st May	Psalm 110	1 Cor. 14:20-40
2nd May	Psalm 111	1 Cor. 15:1-32
3rd May	Psalm 112	1 Cor. 15:33-58
4th May	Psalm 113	1 Cor. 16
5th May	Psalm 114	2 Cor. 1
6th May	Psalm 115	2 Cor. 2
7th May	Psalm 116	2 Cor. 3
8th May	Psalm 117	2 Cor. 4
9th May	Psalm 118	2 Cor. 5
10th May	Psalm 119:1-8	2 Cor. 6
11th May	Psalm 119:9-16	2 Cor. 7
12th May	Psalm 119:17-24	2 Cor. 8
13th May	Psalm 119:25-32	2 Cor. 9
14th May	Psalm 119:33-40	2 Cor. 10
15th May	Psalm 119:41-48	2 Cor. 11:1-15
16th May	Psalm 119:49-56	2 Cor. 11:16-33
17th May	Psalm 119:57-64	2 Cor. 12
18th May	Psalm 119:65-72	2 Cor. 13
19th May	Psalm 119:73-80	Gal. 1
20th May	Psalm 119:81-88	Gal. 2
21st May	Psalm 119:89-96	Gal. 3
22nd May	Psalm 119:97-104	Gal. 4
23rd May	Psalm 119:105-112	Gal. 5
24th May	Psalm 119:113-120	Gal. 6
25th May	Psalm 119:121-128	Rom. 1
26th May	Psalm 119:129-136	Rom. 2
27th May	Psalm 119:137-144	Rom. 3
28th May	Psalm 119:145-152	Rom. 4
29th May	Psalm 119:153-160	Rom. 5:1-11
30th May	Psalm 119:161-168	Rom. 5:12-21
31st May	Psalm 119:169-176	Rom. 6

	June	
1st June	Psalm 120	Rom. 7
2nd June	Psalm 121	Rom. 8:1-18
3rd June	Psalm 122	Rom. 8:19-39
4th June	Psalm 123	Rom. 9
5th June	Psalm 124	Rom. 10
6th June	Psalm 125	Rom. 11:1-21
7th June	Psalm 126	Rom. 11:22-36
8th June	Psalm 127	Rom. 12
9th June	Psalm 128	Rom. 13
10th June	Psalm 129	Rom. 14
11th June	Psalm 130	Rom. 15:1-13
12th June	Psalm 131	Rom. 15:14-33
13th June	Psalm 132	Phil. 16
14th June	Psalm 133	Col. 1
15th June	Psalm 134	Col. 2
16th June	Psalm 135	Col. 3
17th June	Psalm 136	Col. 4
18th June	Psalm 137	Eph. 1
19th June	Psalm 138	Eph. 2
20th June	Psalm 139	Eph. 3
21st June	Psalm 140	Eph. 4
22nd June	Psalm 141	Eph. 5
23rd June	Psalm 142	Eph. 6
24th June	Psalm 143	Philem. 1
25th June	Psalm 144	Phil. 1
26th June	Psalm 145:1-13	Phil. 2
27th June	Psalm 1145:14-21	Phil. 3
28th June	Psalm 146	Phil. 4
29th June	Psalm 147	1 Tim. 1
30th June	Psalm 148	1 Tim. 2

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	July	
1st July	Psalm 149	1 Tim. 3
2nd July	Psalm 150	1 Tim. 4
3rd July	Psalm 1	1 Tim. 5
4th July	Psalm 2	1 Tim. 6
5th July	Psalm 3	Titus 1
6th July	Psalm 4	Titus 2
7th July	Psalm 5	Titus 3
8th July	Psalm 6	2 Tim. 1
9th July	Psalm 7	2 Tim. 2
10th July	Psalm 8	2 Tim. 3
11th July	Psalm 9	2 Tim. 4
12th July	Psalm 10	Matt. 1
13th July	Psalm 11	Matt. 2
14th July	Psalm 12	Matt. 3
15th July	Psalm 13	Matt. 4
16th July	Psalm 14	Matt. 5:1-26
17th July	Psalm 15	Matt. 5:27-48
18th July	Psalm 16	Matt. 6
19th July	Psalm 17	Matt. 7
20th July	Psalm 18:1-24	Matt. 8
21st July	Psalm 18:25-50	Matt. 9:1-17
22nd July	Psalm 19	Matt. 9:18-38
23rd July	Psalm 20	Matt. 10:1-23
24th July	Psalm 21	Matt. 10:24-42
25th July	Psalm 22:1-11	Matt. 11
26th July	Psalm 22:12-31	Matt. 12:1-21
27th July	Psalm 23	Matt. 12:22-50
28th July	Psalm 24	Matt. 13:1-33
29th July	Psalm 25	Matt. 13:34-58
30th July	Psalm 26	Matt. 14:1-21
31st July	Psalm 27	Matt. 14:22-36

	August	
1st August	Psalm 28	Matt. 15:1-20
2nd August	Psalm 29	Matt. 15:21-39
3rd August	Psalm 30	Matt. 16
4th August	Psalm 31:1-8	Matt. 17
5th August	Psalm 31:9-24	Matt. 18:1-20
6th August	Psalm 32	Matt. 19:1-15
7th August	Psalm 33	Matt. 19:16-30
8th August	Psalm 34	Matt. 20:1-16
9th August	Psalm 35	Matt. 20:17-34
10th August	Psalm 36	Matt. 21:1-22
11th August	Psalm 37:1-9	Matt. 21:23-46
12th August	Psalm 37:10-22	Matt. 22:1-22
13th August	Psalm 37:23-40	Matt. 22:23-46
14th August	Psalm 38	Matt. 23:1-22
15th August	Psalm 39	Matt. 23:23-39
16th August	Psalm 40	Matt. 24:1-28
17th August	Psalm 41	Matt. 24:29-51
18th August	Psalm 42	Matt. 24:29-51
19th August	Psalm 43	Matt. 25:1-30
20th August	Psalm 44	Matt. 25:31-46
21st August	Psalm 45	Matt. 26:1-25
22nd August	Psalm 46	Matt. 26:26-44
23rd August	Psalm 47	Matt. 26:45-75
24th August	Psalm 48	Matt. 27:1-31
25th August	Psalm 49	Matt. 27:32-66
26th August	Psalm 50	Matt. 28
27th August	Psalm 51	Heb. 1
28th August	Psalm 52	Heb. 2
29th August	Psalm 53	Heb. 3
30th August	Psalm 54	Heb. 4
31st August	Psalm 55	Heb. 5

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	September	
1st September	Psalm 56	Heb. 6
2nd September	Psalm 57	Heb. 7
3rd September	Psalm 58	Heb. 8
4th September	Psalm 59	Heb. 9
5th September	Psalm 60	Heb. 10:1-18
6th September	Psalm 61	Heb. 10:19-39
7th September	Psalm 62	Heb. 11:1-16
8th September	Psalm 63	Heb. 11:17-40
9th September	Psalm 64	Heb. 12
10th September	Psalm 65	Heb. 13
11th September	Psalm 66	James 1
12th September	Psalm 67	James 2
13th September	Psalm 68:1-10	James 3
14th September	Psalm 68:11-35	James 4
15th September	Psalm 69:1-18	James 5
16th September	Psalm 69:19-36	Mark 1:1-20
17th September	Psalm 70	Mark 1:21-45
18th September	Psalm 71	Mark 2
19th September	Psalm 72	Mark 3
20th September	Psalm 73	Mark 4:1-20
21st September	Psalm 74	Mark 4:21-41
22nd September	Psalm 75	Mark 5:1-20
23rd September	Psalm 76	Mark 5:21-43
24th September	Psalm 77	Mark 6:1-29
25th September	Psalm 78:1-8	Mark 6:30-56
26th September	Psalm 78:9-40	Mark 7:1-13
27th September	Psalm 78:41-72	Mark 7:14-37
28th September	Psalm 79	Mark 8:1-21
29th September	Psalm 80	Mark 8:22-38
30th September	Psalm 81	Mark 9:1-29

October		
1st October	Psalm 82	Mark 9:30-50
2nd October	Psalm 83	Mark 10:1-31
3rd October	Psalm 84	Mark 10:32-52
4th October	Psalm 85	Mark 11:1-19
5th October	Psalm 86	Mark 11:20-33
6th October	Psalm 87	Mark 12:1-27
7th October	Psalm 88	Mark 12:28-44
8th October	Psalm 89:1-18	Mark 13:1-13
9th October	Psalm 89:19-52	Mark 13:14-37
10th October	Psalm 90	Mark 14:1-25
11th October	Psalm 91	Mark 14:26-50
12th October	Psalm 92	Mark 14:51-72
13th October	Psalm 93	Mark 15:1-20
14th October	Psalm 94	Mark 15:21-47
15th October	Psalm 95	Mark 16
16th October	Psalm 96	1 Peter 1
17th October	Psalm 97	1 Peter 2
18th October	Psalm 98	1 Peter 3
19th October	Psalm 99	1 Peter 4
20th October	Psalm 100	1 Peter 5
21st October	Psalm 101	2 Peter 1
22nd October	Psalm 102	2 Peter 2
23rd October	Psalm 103	2 Peter 3
24th October	Psalm 104	John 1:1-28
25th October	Psalm 105	John 1:29-51
26th October	Psalm 106:1-23	John 2
27th October	Psalm 106:24-48	John 3:1-21
28th October	Psalm 107	John 3:22-36
29th October	Psalm 108	John 4:1-30
30th October	Psalm 109	John 4:31-54
31st October	Psalm 110	John 5:1-24

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November		
1st November	Psalm 111	John 5:25-47
2nd November	Psalm 112	John 6:1-21
3rd November	Psalm 113	John 6:22-44
4th November	Psalm 114	John 6:45-71
5th November	Psalm 115	John 7:1-31
6th November	Psalm 116	John 7:32-53
7th November	Psalm 117	John 8:1-20
8th November	Psalm 118	John 8:21-36
9th November	Psalm 119:1-8	John 8:37-59
10th November	Psalm 119:9-16	John 9:1-23
11th November	Psalm 119:17-24	John 9:24-41
12th November	Psalm 119:25-32	John 10:1-21
13th November	Psalm 119:33-40	John 10:22-42
14th November	Psalm 119:41-48	John 11:1-16
15th November	Psalm 119:49-56	John 11:17-44
16th November	Psalm 119:57-64	John 11:45-57
17th November	Psalm 119:65-72	John 12:1-19
18th November	Psalm 119:73-80	John 12:20-50
19th November	Psalm 119:81-88	John 13:1-20
20th November	Psalm 119:89-96	John 13:21-38
21st November	Psalm 119:97-104	John 14
22nd November	Psalm 119:105-112	John 15
23rd November	Psalm 119:113-120	John 16:1-15
24th November	Psalm 119:121-128	John 16:16-33
25th November	Psalm 119:129-136	John 17
26th November	Psalm 119:137-144	John 18:1-24
27th November	Psalm 119:145-152	John 18:25-40
28th November	Psalm 119:153-160	John 19:1-22
29th November	Psalm 119:161-168	John 19:23-42
30th November	Psalm 119:169-176	John 20

	December	
1st December	Psalm 120	John 21
2nd December	Psalm 121	1 John 1
3rd December	Psalm 122	1 John 2
4th December	Psalm 123	1 John 3
5th December	Psalm 124	1 John 4
6th December	Psalm 125	1 John 5
7th December	Psalm 126	2 John 1
8th December	Psalm 127	3 John 1
9th December	Psalm 128	Jude 1
10th December	Psalm 129	Rev 1
11th December	Psalm 130	Rev 2
12th December	Psalm 131	Rev 3
13th December	Psalm 132	Rev 4
14th December	Psalm 133	Rev 5
15th December	Psalm 134	Rev 6
16th December	Psalm 135	Rev 7
17th December	Psalm 136	Rev 8
18th December	Psalm 137	Rev 9
19th December	Psalm 138	Rev 10
20th December	Psalm 139	Rev 11
21st December	Psalm 140	Rev 12
22nd December	Psalm 141	Rev 13
23rd December	Psalm 142	Rev 14
24th December	Psalm 143	Rev 15
25th December	Psalm 144	Rev 16
26th December	Psalm 145:1-13	Rev 17
27th December	Psalm 146	Rev 18
28th December	Psalm 147	Rev 19
29th December	Psalm 148	Rev 20
30th December	Psalm 149	Rev 21
31st December	Psalm 150	Rev 22